

GARDEN TIPS

K-STATE Research and Extension

Harper County

SOIL TEMPERATURE AND PLANTS

By Jenni Carr, Ag & Natural Resources Agent

Thankfully, it looks like we are finally headed towards spring weather. This means gardeners are ready to get started planting. Is it time yet?

Typically, our last frost-free date is after April 15 for our area. Obviously, this changes from year to year. Along with air temperature, soil temperature plays a role in the success of both flowers and vegetables.

Warm season vegetables

like tomatoes and peppers prefer 65o or higher while cucumbers and squash require 70o and higher. Flowers are the same they prefer soil temperatures between 60-70o to promote good root development.

How do you determine soil temperature? You can take a household thermometer and stick it in the soil. Be sure to get it down to what would be root level for accurate readings. You can also check out the Kansas Mesonet which has a station in the southern part of the county. The link is on the QR code pictured to the right.

It is important to remember that soil moisture has a direct effect on soil temperature. Moist soil takes longer to heat up, but it also retains the heat for a longer period than dry soils. With the recent rains and some

warm sunny days those moist soils should warm up and retain that heat better.

There are ways to speed up the increase in soil temperature. You can remove mulch or plant residue. The dark soil will absorb light and convert it to heat. Another option is to cover the area with a plastic sheet, either clear or black, which can really heat things up on the sunny days we have been having.

Reach out to the me if you have any other questions. I can be reached at jlcarrr@Ksu.edu or 620-842-5445.



COUNTY

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firm. She then went over the County Financial statement.

Commissioner McCurley moved to approve accounts payable in the amount of \$140,429.45; the motion passed unanimously.

At 10:40 a.m., Commissioner McCurley moved to enter into Executive Session. The justification for closing the meeting is to discuss personnel matters of nonelected personnel. The motion passed unanimously. Ami DeLacerda and Shonda Larson remained in the room. At 10:50 a.m., Commissioner Struble moved to extend the Executive Session; the motion passed unanimously. The regular meeting resumed at 11:00 a.m. with no binding action taken.

The group discussed the possibility of increasing the number of days the State Driver's License Clerk was in Harper County, or adding staff to the Treasurer's Office to help with renewals. When asked about it, the Treasurer stated that she is currently working to train her staff on all of the duties in that office, and will potentially look into it further in 6 months.

Josh Teel, IT/Building & Grounds entered the meeting. He is currently gathering bids for storm shelters at the Attica and Anthony daycares. They also discussed possibly performing the flooring renovations for the Anthony location over the 4th of July holiday weekend.

Brooke Mantey, County Appraiser, reentered the meeting to discuss a tax payer who is protesting the value of a building they've constructed on their property. The tax payer reached

out to the Board, and had already spoken with Ms. Mantey. She will reach out to them to explain the process again.

As there was no further business, the meeting was adjourned at 11:20 a.m. The next regular meeting will be held on Monday, March 24th at 8:30 a.m. in the Commissioner Room at the Harper County Courthouse.

Approved: Brian Waldschmidt, Chairman

Attest: Ami DeLacerda, County Clerk

ANTHONY WEATHER REPORT

Mon. Apr. 7.....70/34
Tue. Apr. 8.....74/36
Wed. Apr. 9.....81/47
Thu. Apr. 10....77/50
Fri. Apr. 11.....73/44
Sat. Apr. 12.....83/48
Sun. Apr. 13.....90/65

SUBMITTED BY
RANDY PATTERSON
NWS CO-OP OBSERVER

Harper Co. Dept. On Aging: Recommendations For Healthy Eating

By Jennifer Wolff

Aging & quality of life can be impacted greatly by the foods we choose to fuel our bodies. Research shows that it's never too late to make smarter food choices & add healthy habits, like being physically active, to help reduce your risk of chronic disease, such as heart disease, diabetes & osteoporosis. You may need to make some changes in your food & beverage choices to achieve a healthy eating pattern. Older adults can find nutrition information they can trust in the 2020-25 Dietary Guidelines for Americans. It's not a rigid prescription. It's a framework that lets you enjoy food that meets your personal preference & fits your budget.

Here are the 4 major recommendations: 1. Follow a healthy dietary pattern at every life stage.

traditions & budgetary considerations.

3. Focus on meeting food group needs with nutrient-dense foods & stay within calorie limits. Nutrient dense foods provide vitamins, minerals & other health promoting components. A healthy pattern includes foods & beverages across all food groups (vegetables, fruits, grains, protein, dairy) in recommended amounts & within calorie limits. For women over 60, recommended calorie levels for inactive = 1,600/day, Moderately active = 1,800/day & Active = 2-2,200/day. For men over 60, recommended calorie levels for inactive = 2,000/day, Moderately active = 2,200/day & Active = 2,600/day. "Moderately active" means a lifestyle that adds about 1.5 – 3 miles of brisk walking per day or similar physical activity. "Active" means

adding more than 3 miles of brisk walking or similar activity like dancing, jogging, tennis or swimming.

4. Limit foods & beverages higher in added sugars, saturated fat, sodium & limit alcohol. This means dessert could be apple slices instead of a cookie. The fiber will fill you up & satiate you more. For more information, pick up a free "What's On Your Plate" guide published by the National Institute on Aging at the Dept on Aging in the Harper County Courthouse. (Source: What's On Your Plate NIH)

The Public Transportation Service assists ALL Harper Co residents of any age to stay independent with accessible transportation to work, medical appointments, shopping, errands, Patterson Health Center & locations less than 70 miles. Hours of operation: 8:30am– 4:30 pm, M – F. Equal access is provided to the public. Out of county rides need to be scheduled 24 hours in advance & the bus returns for Harper Co by 3pm at the latest. Call 620-842-5104 for ride reservations & rates. 1st come, 1st served. Advance reservations are recommended. All routes are subject to change without notice.

Out of County Transit Schedule:

Mon 4/21: Wichita
Tues 4/22: Pratt
Wed 4/23: Wichita
Thurs 4/24: Wichita
Fri 4/25: Wichita

| PUBLIC NOTICE | |
|--|------------------|
| (First Published in The Anthony Republican on April 16, 2025) 1t | |
| CITY OF ANTHONY LIABILITIES AND OBLIGATIONS QUARTER ENDING MARCH 2025 | |
| Water Improvements | \$ 3,975,041.00 |
| Swimming Pool Renovation | \$ 25,000.00 |
| KWPC Revolving Loan (Lift Stations; Equipment) | \$ 1,006,735.09 |
| Electric Utility System | \$ - |
| Capital Leases | \$ 2,782.67 |
| Total | \$ 5,009,558.76 |
| RESERVE SECURITIES HELD | |
| Dennis Funds/Other Investments | \$ 12,655,163.21 |
| Total Bank Balance | \$ 5,251,157.33 |
| Total Securities | \$ 17,906,320.54 |
| I, Jamie Deviney, do hereby declare that the above statement is true and correct to the best of my knowledge and belief upon the information available to my office. | |
| Jamie Deviney, City Treasurer | |

Friendship Meals

Wednesday, April 16
Creamed Chicken over a Biscuit - Peas & Carrots - Apricots - Milk or Juice

Thursday, April 17
Cheeseburger w/ Lettuce, Tomato, Onion & Pickles on a Bun - Potato Wedges - Pears - Yellow Cake - Milk or Grape Juice

Friday, April 18
GOOD FRIDAY - NO MEAL

Monday, April 21
Chicken Chef Salad w/ Crackers - Applesauce - Milk or Grape Juice

Tuesday, April 22
Liver & Onions or Beef Cutlet w/ Gravy - Roasted Garlic Mashed Potatoes - Green Beans - Pineapples - Milk or Grape Juice

Wednesday, April 23
Mexican Lasagna - Refried Beans w/ Chips - Corn - Peaches - Milk or Juice

620-842-3008

Serving Dine-In or Carry-Out from 11:30 a.m. to 12:00 p.m. in the Municipal Hall Basement, Monday - Friday.

USD #361

School Menus

BREAKFAST MENU

Wednesday, April 16
Breakfast Pizza - Cinnamon Toast - Cereal

Thursday, April 17
Donut - Yogurt - Cereal

Friday, April 18
NO SCHOOL!

Monday, April 21
NO SCHOOL!

Tuesday, April 22
Sausage Pancake on a Stick - Muffin Square - Cereal

Wednesday, April 23
Tot N Egg Casserole - Toast - Cereal

LUNCH MENU

Wednesday, April 16
Chicken Patty - Glazed ham w/ Roasted Pineapple - Cobb Salad - Hot Roll - Mashed Potatoes w/ Pepper Gravy - Green Beans - Lemon Crinkle Cookie - Salad - Fruit

Thursday, April 17
Nardone's Pizza - Popcorn Chicken - Taco Salad - Fruit Muffin - Salad - Fruit

Friday, April 18
NO SCHOOL!

Monday, April 21
NO SCHOOL!

Tuesday, April 22
Chicken & Waffles - Turkey & Cheese Sandwich - BBQ Chicken Salad - Cornbread - Texas Pintos - Salad - Fruit

Wednesday, April 23
Chicken Patty - Mini Pancake WowButter & Jelly Munchable - Caesar Salad - Hot Roll - Mashed Potatoes w/ Pepper Gravy - Corn - Salad - Fruit

| PUBLIC NOTICE | | | | | | |
|---|----------------|---------------|---------------------|--|----------------------------------|---------------|
| (First Published in The Anthony Republican on Wednesday, April 16, 2025) 1t | | | | | | |
| CITY OF ANTHONY QUARTER ENDING MARCH 2025 | | | | | | |
| BEGINNING CASH BALANCE | CASH DISBURSED | CASH RECEIVED | ENDING CASH BALANCE | LESS OUTSTANDING ENCUMBRANCES AND ACCOUNTS PAYABLE | ENDING UNENCUMBERED CASH BALANCE | |
| GENERAL OPERATING | 817,778.06 | 310,847.87 | 532,896.83 | 1,039,827.02 | 11,624.38 | 1,028,202.64 |
| WATER | 751,322.64 | 175,475.74 | 261,411.27 | 837,258.17 | 5,848.20 | 831,409.97 |
| ELECTRIC | 541,240.15 | 703,616.28 | 1,113,249.74 | 950,873.61 | 16,737.19 | 934,136.42 |
| SALES TAX & STATE FEES | 41,205.62 | 30,827.35 | 32,562.53 | 42,940.80 | | 42,940.80 |
| SEWAGE DISPOSAL | 476,689.86 | 110,885.27 | 136,826.15 | 502,630.74 | 3,139.28 | 499,491.46 |
| EMPLOYEE BENEFIT/INSURANCE | 356,102.69 | 168,342.87 | 252,242.74 | 440,002.56 | 4,018.16 | 435,984.40 |
| LIBRARY EMPLOYEE BENEFITS | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| AIRPORT | 123,874.73 | 11,745.17 | 27,230.73 | 139,360.29 | | 139,360.29 |
| ANTHONY TRANSPORTATION | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| INDUSTRIAL DEVELOPMENT | 20,988.10 | 0.00 | 0.00 | 20,988.10 | | 20,988.10 |
| ECONOMIC DEVELOPMENT | 138,688.78 | 221.80 | 0.00 | 138,466.98 | | 138,466.98 |
| SERVICE DEPOSIT | 86,829.28 | 0.00 | 2,460.00 | 89,289.28 | | 89,289.28 |
| SPECIAL STREETS & HIGHWAY | 284,782.92 | 0.00 | 13,850.37 | 298,633.29 | | 298,633.29 |
| PUBLIC RELIEF | 24,749.19 | 102.17 | 0.00 | 24,647.02 | | 24,647.02 |
| WATER UTILITY RESERVE | 244,277.72 | 0.00 | 0.00 | 244,277.72 | | 244,277.72 |
| GENERAL RESERVE FUND | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| WWTF LOAN 2000 | 108,507.76 | 85,897.40 | 42,948.69 | 65,559.05 | | 65,559.05 |
| WATER DEBT SERVICE S 2013 | 166,496.42 | 199,101.35 | 49,775.34 | 17,170.41 | | 17,170.41 |
| BOND & INTEREST | 10,463.73 | 0.00 | 8,130.87 | 18,594.60 | | 18,594.60 |
| LIBRARY | 0.00 | 32,632.30 | 35,504.97 | 2,872.67 | | 2,872.67 |
| RECREATION COMMISSION | 34,391.58 | 7,394.26 | 31,111.66 | 58,108.98 | 450.66 | 57,658.32 |
| RECREATION | 0.00 | 39,809.55 | 39,809.55 | 0.00 | | 0.00 |
| MUNICIPAL EQUIPMENT RESERVE | 193,726.69 | 0.00 | 855.75 | 194,582.44 | | 194,582.44 |
| SPECIAL PARKS & RECREATION | 39,954.04 | 5,066.95 | 2,525.54 | 37,412.63 | | 37,412.63 |
| CAPITAL IMPROVEMENT | 4,435,129.94 | 162,033.39 | 129,215.25 | 4,402,311.80 | | 4,402,311.80 |
| GO BONDS S 2010 | 15,009.54 | 518.75 | 4,135.50 | 18,626.29 | | 18,626.29 |
| ELECTRIC UTILITY RESERVE | 1,559,835.43 | 0.00 | 0.00 | 1,559,835.43 | | 1,559,835.43 |
| EL UTIL S2017 REV BOND | 198,679.63 | 0.00 | 0.00 | 198,679.63 | | 198,679.63 |
| EL UTIL PROJECT FUND | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| EL UTIL S2017 BOND RESERVE | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| COST OF ISSUE EL UTIL S2017 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| SEWER RESERVE | 155,000.00 | 0.00 | 0.00 | 155,000.00 | | 155,000.00 |
| WILDLIFE AND PARKS GRANT | 491,849.41 | 30,000.00 | 0.00 | 461,849.41 | | 461,849.41 |
| WAYNE DENNIS INVESTMENT FUND | 750,141.35 | 0.00 | 250,000.00 | 1,000,141.35 | | 1,000,141.35 |
| DEBT RESERVE WATER 2013 | 199,101.69 | 0.00 | 0.00 | 199,101.69 | | 199,101.69 |
| CDBG | -18,053.00 | 21,557.00 | 39,610.00 | 0.00 | | 0.00 |
| BASE SUNRISE 2ND GRANT | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| INSURANCE PROCEEDS | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| OPIOID GRANT | 12,487.11 | 0.00 | 307.10 | 12,794.21 | | 12,794.21 |
| ARPA | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| COST OF ISSUE, ELEC BONDS S2013 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| GO ELECTRIC UTIL S2013 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| COST OF ISSUE, GO TEMP S2014 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| SEWER IMPROVEMENT FUND | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| WASTEWATER LAGOON CLEANING | 194,300.00 | 0.00 | 2,700.00 | 197,000.00 | | 197,000.00 |
| WATER/EQUIPMENT REPLACEMENT | 105,655.86 | 0.00 | 0.00 | 105,655.86 | | 105,655.86 |
| ELECTRIC/EQUIPMENT REPLACEMENT | 4,282,684.56 | 11,329.16 | 0.00 | 4,271,355.40 | | 4,271,355.40 |
| ELECTRIC PROJECTS | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| SEWER/EQUIPMENT REPLACEMENT | 114,005.71 | 0.00 | 0.00 | 114,005.71 | | 114,005.71 |
| TRANS GUEST APPROVED | 0.00 | 0.00 | 3,500.00 | 3,500.00 | | 3,500.00 |
| SIRENS S2018 DEBT SERVICE | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| SIREN S2018 IMPROVEMENT | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| FIRE DEPT CLOSING CK 612 | 0.00 | 0.00 | 0.00 | 0.00 | | 0.00 |
| WAYNE DENNIS FUNDS | 20,593.97 | 6,540.00 | 25,810.67 | 39,864.64 | | 39,864.64 |
| DT REVIT. REVOLVING LOAN | 0.56 | 0.00 | 0.00 | 0.56 | | 0.56 |
| TRANSIENT GUEST TAX | 3,985.15 | 3,500.00 | 2,617.05 | 3,102.20 | | 3,102.20 |
| TOTAL | 16,982,476.87 | 2,117,444.63 | 3,041,288.30 | 17,906,320.54 | 41,817.87 | 17,864,502.67 |