

PUBLIC NOTICES
"Because The People Must Know"

(Published in The Eureka Herald Wednesday, Jun. 25, 2025)

ANNUAL REPORT OF Twin Grove TOWNSHIP
GREENWOOD COUNTY, KANSAS

The undersigned treasurer and trustee of Twin Grove Township, submit the following report for the year ending December 31, 2024.

FINANCIAL REPORT

Table with 6 columns: Fund*, Cash Balance Jan. 1 **, Total Receipts, Total Expenditures, Cash Balance Dec. 31, Unpaid Bills Dec. 31. Rows include General, Road, Nucleus Weed, and Savings.

I certify that this financial report is a correct summary of all money received and expended as well as all unpaid bills for the township during the year ending December 31, 2024.

Township Treasurer

(Published in The Eureka Herald Wednesday, Jun. 25, 2025)

RESOLUTION # EM25-01 AND PROCLAMATION

DECLARING A STATE OF LOCAL DISASTER EMERGENCY FOR GREENWOOD COUNTY, KANSAS

WHEREAS on this 3rd day of June 2025, I, Mac Obourn, Chairman of the Board of Commissioners of Greenwood County, Kansas, find that certain conditions caused, or eminently threaten to cause widespread or severe damage, injury or loss of life or property in disaster proportion in Greenwood County, Kansas; and

WHEREAS, such conditions created obstructions which endangered health, safety and welfare of persons and property within the border of Greenwood County, Kansas.

NOW, THEREFORE, I, Mac Obourn, Chairman of the Board of Commissioners of Greenwood County, Kansas, do hereby proclaim:

- 1. That pursuant to K.S.A. 48-932, that a State of Local Disaster Emergency exists within Greenwood County, Kansas.
- 2. That the area within the borders of Greenwood County, Kansas covered by this proclamation is the entire area of Greenwood County, Kansas.
- 3. That the Board of County Commissioners shall have all the rights and/or powers to perform such functions as are vested in said Board by and through the provisions of the Kansas Emergency Preparedness Act of 1975.

BE IT FURTHER PROCLAIMED that this disaster emergency declaration shall remain in effect for a period of seven (7) days unless terminated earlier or renewed by consent of the Board of County Commissioners of Greenwood County, Kansas.

Declaration Circumstances, Concerns and Situational Awareness This Local Declaration is being presented to the State of Kansas through the Division of Emergency Management following widespread road damage due to flooding conditions.

Proclaimed this 3rd day of June 2025.

s/Mac Obourn, Chairman, Board of County Commissioners

s/Preston Evenson, Vice Chairman, Board of County Commissioners

s/Deann McCaffree, County Clerk

(Jun. 25, 2025)

Severy City Council

The Severy City Council meets on the first Monday of each month. The following report was generated from the unofficial minutes, which are subject to council approval.

Mayor Donna Wiss called the June 2 meeting of the Severy City Council to order at 7:08 p.m. The pledge of Allegiance was cited and roll called.

The council approved the May 5 meeting minutes, bills and the treasurer's report, as presented.

Water Superintendent Paul Schmidt noted issues with the water plant over the weekend. A tank cleaning was planned for June 3. Schmidt reported there have been several burial cremations in the last month and the road grader is ready to be picked up for repair.

City Attorney William McClendon stated that he has been waiting on the county to assist with the history of the old railroad right away on the vacant lots. McClendon reported that the county has now decided they are not willing to help with any of the research, and it will be left to the city to do their own. Clerk Tessa Riggs reported that she has a file from years ago pertaining to the railroad right way that she would like McClendon to read before the City moves forward.

Clerk Riggs noted that the

Activities For Seniors With Limited Mobility

Physical activity is a valuable tool in the fight against chronic disease and other conditions. In fact, the Cleveland Clinic highlights physical activity among its nine ways to prevent disease in an effort to live a long and rewarding life.

Children, adolescents, young adults, and even men and women in middle age may not face too many physical hurdles when they try to exercise, but seniors are not always so lucky. Aging men and women with mobility issues may wonder if they can reap the rewards of physical activity, and thankfully there are many ways to exercise even if getting up and going isn't as easy as it might have been in years past. Sometimes referred to as "aerobic exercise" or simply "cardio," cardiovascular exercise is an umbrella term that encompasses a wide range of physical activities that raise the heart rate and improve endurance. Seniors with mobility issues can look to various forms of cardio for inspiration as they seek to be more physically active without compromising their overall health.

- Walk your way to a healthier you. Walking is a form of cardiovascular exercise that is ideal for older adults with mobility issues because it need not be physically demanding and it's safe to walk just about anywhere. Walking in a place such as a local park can be particularly good for older adults because they can take periodic breaks on benches if aches, pains or stiffness is affecting their ability to keep moving.
- Take up swimming.

Swimming might be tailor-made for seniors with mobility issues because it's a great workout and exercising in water tends to be less taxing on muscles and joints. The Cleveland Clinic notes that swimming promotes heart health, strengthens the lungs, helps to burn calories, and builds muscle, among other benefits. And many seniors find swimming is just as fun in their golden years as it was in their youth, which means aging adults might not face problems with motivation when the time comes to get in the pool.

- Use an exercise bike or portable pedal exerciser. Cycling is a wonderful exercise but one that seniors with mobility issues may feel is no longer possible. If doctors advise against riding a traditional bike, an exercise bike or portable pedal exerciser can provide many of the benefits of cycling without as

great a risk for accident or injury. A portable pedal exerciser can be carried to a park, where seniors can still spend time in the great outdoors, which is one of the most appealing reasons to get on a bike and go.

- Take beginner yoga or tai chi. HelpGuide.org notes that gentle yoga or tai chi can help to improve flexibility and reduce stress and anxiety. Though yoga and tai chi can provide as much demanding physical activity as individuals allow, beginner classes in each discipline don't require much movement but do provide enough for seniors hoping to be less sedentary.

Even seniors with mobility issues can find safe and effective ways to be more physically active. Prior to beginning a new exercise regimen, seniors with mobility issues are urged to discuss activities with their physicians.



Madison/Virgil USD 386

The Madison/Virgil USD 386 board of education meets on the second Monday of each month. The following report was generated from the unofficial minutes, which are subject to board approval.

The Madison/Virgil USD 386 board held their regular meeting on June 16 at 7 p.m. The board approved the May regular meeting minutes, and the updated agenda. The board also approved the Business by Consent, current accounts payable totaling \$132,394.46, the Treasurer's Report and the Activity Fund Report.

An update was given by John Wixson from Integrity on the energy savings project.

The board approved the following resignations: Jacob Kingery, head custodian/maintenance; Jenn Boles, JH Head Boys Basketball Coach and Ava Foltz as Assistant HS Girls Basketball Coach.

The board approved the following reading curriculums for MES: Three Cheers for PreK; Open Court for K-5; and HMH: Into Literature for 6th grade. The board also approved the end-of-year transfers.

The board heard updates on Transportation; KASB Policies; Food Service; MES summer projects, repairs and security grant; and MJSHS summer projects.

The board held two executive sessions with the first being to discuss personnel matters of non-elected personnel for 10 minutes. After returning to open session, the board approved to hire Dallas Thompson as summer custodian. The second executive sessions was held to discuss the teacher contract pursuant to negotiations under KOMA for 5 minutes. No decisions were made after returning to open meeting. (No subject was given for either executive session, which is a violation of the Kansas Open Meetings Act and could result in a fine of up to \$500 per council member.)

The board approved to set the July meeting for July 14 at 6:30 p.m.

The meeting was adjourned at 8:57 p.m.

B.E. Mowing & Tree Service, LLC
Quality Service From The Ground Up
316-323-8908
Brandon Escareno • Insured

El Dorado Clinic, P.A.
Diane Nightengale, M.D. - FAAFP Crystal Faudere, D.O. Russ McCaig, P.A.-C
1-800-653-2010 • (316)321-2010
Sports physicals - Injuries - Illness
KAN Be Healthy Well Child Vaccinations
700 W Central • Ste. 205 • El Dorado, Ks 67042
Same Day Appointments Available

Participate In Democracy.
Read Your Pubic Notices.

Need A Lifeguard?
Jesus walked on water...
Reece Christian Church
Services Sundays at 11 a.m.
Potluck lunch on 1st Sunday of each month
Relaxed Attire

Table with 2 columns: Reservoir Name, Normal Level, June 23, 2025 Level, Discharge Rate. Rows include Fall River Reservoir, Toronto Reservoir, El Dorado Reservoir, and Riverside Liquor.

THE FLINT HILLS' COUNTRY STATION
COYOTE COUNTRY 93.9
316-721-8484 • http://coyote939.com
gsteckline@maanradio.com