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Persons with disabilities who require alternative means of communication for program information should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

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U.S. Mail:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, S.W.
Washington, D.C. 20250-9410
Fax: (202) 690-7442; or
Email: program.intake@usda.gov.

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320 Kansas Ave, PO Box 99
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1-800-432-8294

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Para presentar una denuncia por discriminación en el programa, complete el Formulario de denuncias por discriminación en el programa del USDA, AD-3027, que se encuentra en línea en http://www.ascr.usda.gov/complaint_filing_cust.html, o en cualquier oficina del USDA, o escribe una carta dirigida al USDA e incluya en la carta toda la información solicitada en el formulario. Para solicitar una copia del formulario de denuncias, llame al (866) 632-9992. Envíe su formulario completado o su carta al USDA por los siguientes medios:

Correo:
U.S. Department of Agriculture
Office of the Assistant Secretary for Civil Rights
1400 Independence Avenue, S.W.
Washington, D.C. 20250-9410
Fax: (202) 690-7442; or
Correo electrónico: program.intake@usda.gov.

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Pump Handles and Public Health

By Jill Kruse, DO

Health care is often thought of as something that happens one patient at a time in a clinic or hospital. Public health takes a broader view and is focused on improving the health of entire populations. In 1854, a London physician helped stop a deadly cholera outbreak by removing a simple pump handle. That moment would become one of the earliest and most powerful examples of public health in action. Back then no one understood how cholera spread. Many believed it was caused by "bad air" or mysterious environmental forces. They did not know that it was actually caused by a bacterium that was spread through contaminated water sources.

Dr. John Snow noticed a pattern. In London's Soho neighborhood, a cluster of cholera cases seemed concentrated around a single public water source, the Broad Street pump. When he mapped where people lived, most of the infections pointed back to that pump. Even those who lived farther away, but became ill reported getting their water from the same source. Meanwhile, workers at a nearby brewery, who drank beer instead of water, were largely spared. The brewing process, alcohol and acidity of the beer made it difficult for the cholera bacteria or other pathogens to survive.

Armed with this evidence, Dr. Snow convinced local officials to remove the pump handle. This cut off public access to the contaminated water. After this happened, the number of new infections quickly declined. That simple act marked the beginning of modern public health; using data, observation, and intervention to stop disease at its source.

Today, public health has evolved from reacting to outbreaks to preventing illness before it starts. Public health professionals work behind the scenes to protect and improve the health of communities. They do this through providing education, guiding policy, and conducting research. They are the unsung heroes of healthcare. When Public Health works well, it can be almost invisible or easy to ignore. However, when there is a breakdown in Public Health services, the results can be devastating to a community and the effects are obvious.

Federal, state and local health departments prepare for emergencies, monitor for disease outbreaks, ensure food safety, and safeguard water quality. They also advocate for health screenings in underserved or high-risk populations. Public health officials work to reduce barriers to care and promote healthier lifestyles for everyone. They may not be removing pump handles anymore, but they are still working every day to protect our water, our food, and our communities. They are helping us all, as we say on the show, *to* stay healthy out there people.

1. Dr. Jill Kruse is a hospitalist at the Brookings Health System in Brookings, SD. She serves as one of the Prairie Doc Volunteer Hosts during its 24th Season providing Health Education Based on Science, Built on Trust. Follow The Prairie Doc® at www.prairiedoc.org, Facebook, Instagram, YouTube, and Tik Tok. Prairie Doc Programming includes On Call with the Prairie Doc®, a medical Q&A show (most Thursdays at 7pmon YouTube and streaming on Facebook), 2 podcasts, and a Radio program (on SDPB, Sundays at 6am and 1pm).

FARM CREDIT OF WESTERN KANSAS
Financing ag for generations.

Vice-President of Credit Position

Farm Credit of Western Kansas has grown and is now accepting applications for a new team member. This position requires a four-year college degree in Agriculture, Business, Accounting, Economics, or related field. A minimum of 5-7-years agriculture lending, financial statement analysis, accounting or equivalent combination of education and experience is preferred. The successful applicant will have an understanding of agriculture production in Northwest Kansas and will display strong communication, marketing and computer skills. Salary to be determined based upon qualifications, with benefit package provided. To apply, submit a letter of application and resume to Farm Credit of Western Kansas, PO Box 667, Colby, KS 67701 attention Jessica Vaughn or email to jessica.vaughn@fcwk.com. Applications are accepted until the position is filled. EEO/AA/Minorities/Female/Veteran/ Disability.

Community Calendar

Contact us
785-672-3228
graphic@st-tel.net

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Oakley VFW Auxiliary Stag/Stagette *May13, 2026* Menu: Bull Fries, Chicken Fried Steak, Mashed Potatoes and Gravy, Corn, Dinner Roll and Dessert. Dine in, Drive thru or Carry out *Serving from 6:00 pm to 7:30 pm*			*Oakley VFW Auxiliary Stag/Stagette* *6:00 pm - 7:30 pm* 13	14	15	16
17	18	Preschool Story Time 10:00 am Afterschool Story Time 4:30 pm 19	Parkinson's Class Logan Co. Hospital Community Room Every Wed 10-12 20	21	22	23